



Tai Chi Productions
- for better health and lifestyle

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April 4, 2005

Re - Free Tai Chi Product Rights

(All viewers must consult your doctor or medical adviser before engaging in the activities described in our products. The creator, producer, distributors and anyone involved in the production and distribution of our products will not be held responsible in any way whatsoever for any injury or consequence which may arise as a result of following the instructions given in our products. Viewers who engage in these activities do so at their own risk.)

Tai Chi Productions and East Acton Videos is granting buyers of our tai chi instructional material free rights to use them in their classes; to present them in educational meetings and scientific conferences; to show to their patients; to use them during public or private performances in addition to normal private usage. This means that within the confine of your country's legal system, as far as we are concerned you will not be required to pay for any extra fees to use the products listed below for the above mentioned reasons.

We took this step to ensure buyers of our products can use them to help as many people as possible to improve health - the very reason we have produced them.

The products including:

Tai Chi music CD by Dr Paul Lam and Jenny Ly

Voice CD of Dr Paul Lam Talks You Through the Tai Chi for arthritis program

And Videos / DVD of:

Tai Chi for Beginners

Tai Chi for Older Adults

Qigong for Health

Tai Chi for Young People

Tai Chi for Arthritis

Tai Chi for Arthritis Part II

Tai Chi for Diabetes

Tai Chi for Back Pain

Tai Chi for Health - the six forms

Tai Chi anywhere

The 24 forms

Tai Chi Sword 32 forms

Tai Chi sword 42 forms

Sun style 73 forms

The Combined 42 forms

The granting of these rights will be effective from today until further notice of the contrary.

Paul Lam MD
Director